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726 [946] holy consecrated herbs and roots for three days and nights, sometimes without any other refreshment. This is to induce the deity to guard and prosper them, amidst their impending dangers. In the most promising appearance of things, they are not to take the least nourishment of food, nor so much as to sit down, during that time of sanctifying themselves, till after sunset. While on their expedition, [785] they are not allowed to lean themselves against a tree, though they may be exceedingly fatigued, after a sharp day's march; nor must they lie by, a whole day to refresh themselves, or kill and barbecue deer and bear for their war journey. The more virtuous they are, they reckon the greater will be their success against the enemy, by the bountiful smiles of the deity. To gain that favorite point, some of the aged warriors narrowly watch the young men who are newly initiated, lest they should prove irreligious, and prophane the holy fast, and bring misfortunes on the outstanding camp. A gentleman of my acquaintance, in his youthful days observed one of their religious fasts, but under the greatest suspicion of his virtue in this respect, though he had often headed them against the common enemy: during their three days purification, he was not allowed to go out of the sanctified ground, without a trusty guard, lest hunger should have tempted him to violate their old martial law, and by that means have raised the burning wrath of the holy fire against the whole camp. Other particulars of this sacred process for war, have been related in their proper place.

"When they have finished their fast and purifications, they set off, at the fixed time, be it fair or foul, firing their guns, whooping and hallooing, as they march."[99] The war-leader goes first, carrying the supposed holy ark: he soon strikes up the awful and solemn song before mentioned, which they never sing except on that occasion. The rest follow, in one line, at the distance of three or four steps from each other, now and then sounding the war whoo-whoop, to make the leader's song the more striking to the people. In this manner they proceed, till quite out of the sight, and hearing of their friends. As soon as they enter the woods, all are silent; and, every day they observe a profound silence in their march, that their ears may be quick to inform them of danger: their small black eyes are almost as sharp also as those of the eagle, or the lynx; and with their feet they resemble the wild cat, or the cunning panther, crawling up to its prey. Thus they proceed, while things promise them good success; but, if their dreams portend any ill, they always obey the supposed divine intimation and return home, without incurring the least censure. They reckon that their readiness to serve their country,

[99] "To this day, a war-leader, who, by the number of his martial exploits is entitled to a drum, always sanctifies himself, and his outstanding company, at the end of the old moon, so as to go off at the appearance of the new one by daylight; whereas, he who has not sufficiently distinguished himself must not out in the night."—Adair, pp. 99–100.

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showing that they, like the wearer of the fox skin, can conquer them. 756
A person who can cure a snake bite also has a tobacco pouch made of opossum skin, because an opossum can kill and eat a snake like a fox. In early times these men were always preparing young people for war, and, as much of this work had to be done at night, fine eyesight was requisite. The old teacher also taught his pupil how to trail and locate an enemy and he believed he was teaching him how to acquire extraordinary vision at night. That was why the latter used an owl feather.

When the novice fasted it was expected that he would have a 756
dream (or vision). Lewis himself dreamed that a very clear, beauti- 787
ful day had dawned upon him and a number of white birds were coming toward him. When his teacher heard it he said, "That is a very good sign, a clear day and white birds. You will be a good doctor of gunshot wounds."

The only other account of this poskita known to me is the following, 756
from Hawkins: 785

"At the age of from fifteen to seventeen, this ceremony is usually performed. It is called Boos-ke-tau, in like manner as the annual Boosketau of the nation. A youth of the proper age gathers two handsfull of the Sou-watch-cau, a very bitter root, which he eats a whole day; then he steeps the leaves in water and drinks it. In the dusk of the evening, he eats two or three spoonfuls of boiled grits. This is repeated for four days, and during this time he remains in a house. The Sou-watch-cau has the effect of intoxicating and maddening. The fourth day he goes out, but must put on a pair of new moccasins (Stil-la-pica). For twelve moons, he abstains from eating bucks, except old ones, and from turkey cocks, fowls, peas and salt. During this period he must not pick his ears, or scratch his head with his fingers, but use a small stick. For four moons he must have a fire to himself, to cook his food, and a little girl, a virgin, may cook for him; his food is boiled grits. The fifth moon, any person may cook for him, but he must serve himself first, and use one spoon and pan. Every new moon, he drinks for four days the possau, (button snakeroot,) an emetic, and abstains for these days, from all food, except in the evening, a little boiled grits, (humpetuh hutke.) The twelfth moon, he performs for four days, what he commenced with on the first. The fifth day, he comes out of his house, gathers corn cobs, burns them to ashes, and with these, rubs his body all over. At the end of this moon, he sweats under blankets, then goes into water, and this ends the ceremony. This ceremony is sometimes extended to four, six, or eight moons, or even to twelve days only, but the course is the same.

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"During the whole of this ceremony, the physic is administered by the Is-te-puc-cau-chau thluc-co, (great leader,) who in speaking of a youth under initiation, says, 'I am physicing him,' (Boo-se-ji-jite saut li-to-misce-cha,) or 'I am teaching him all that is proper for him to know,' (nauk o-mul-gau e-muc-e-thli-jite saut litomise cha.) The youth, during this initiation, does not touch any one except young persons, who are under a like course with himself, and if he dreams, he drinks the possau." [88]

Those who had gone through with this training were held in high esteem, and there appears to have been no fast for persons not intending to become doctors except at the great annual ceremony. In lore of this kind the Shawnee are believed to be very rich. The following quotation from Adair shows that, in spite of Lewis's claim that this ordeal was peculiar to the Creeks, a similar institution existed among the Chickasaw, except that admission was secured through inheritance:

"*Ishtohoollo* is the name of all their priestly order, and their pontifical office descends by inheritance to the eldest: those friend-towns, which are firmly confederated in their exercises and plays, never have more than one *Archi-magus* at a time . . . They, who have the least knowledge of Indian affairs, know, that the martial virtues of the savages, obtains them titles of distinction; but yet their old men, who could scarcely correct their transgressing wives, much less go to war, and perform those difficult exercises, that are essentially needful in an active warrior, are often promoted to the pontifical dignity, and have great power over the people, by the pretended sanctity of the office" . . . [89]

It appears that this order of "magi" were the custodians not only of medical secrets but of secrets supposed to be of value in warfare, of the sacred myths, and of various branches of learning.

At the head of the priesthood in each town was the hilis-haya or "medicine maker," who communicated the necessary spiritual qualities to the medicines at the annual busk, had general charge of the public health, protected all from ghosts, and so on. While fitness was regarded rather than descent in selecting this high priest, some towns at least preferred to take him from a certain clan, oftenest the clan of the miko. According to the last miko of Chiaha the medicine maker of that town was elected for four years only, at the end of which period he might be reelected or displaced. Speaking of the Chickasaw in the middle of the eighteenth century, Adair says: "the title of *old beloved men*, or *archimagi*, is still hereditary in the *panther*, or *tyger family*." [90] Bartram calls this functionary the "high priest." The Creeks "have," he says, "an ancient high-priest, with juniors in

[88] Ga. Hist. Soc. Colls., vol. III, pp. 78-79.
[89] Adair, Hist. Am. Inds., p. 81.
[90] Ibid., p. 31.